

# We Are One

## CORNERSTONES *for Christian Committees*

### OPENER (10 minutes)

In which box would you feel most comfortable?

OPEN TALKATIVE PLAYFUL OUTGOING	OBLIGING PRECISE CONVENTIONAL CAUTIOUS
BOLD ADVENTUROUS DARING ASSERTIVE	GENTLE AMIABLE KIND PEACEFUL

Take turns until all have shared the box of their choice.

All people fall into one or two of four basic personality types. Each person, however, is a unique blend of many styles and personalities. Your committee or board can be more effective when they value all the different "types" while working together.

Discuss how each "box" can make a dynamic contribution to the group.

### FOCUS (15 minutes)

Have someone in your group should read this passage aloud, pausing after each occurrence of the word "one" to allow the group to respond together, "ONE!"

(Eph 4:1-7 NRSV) I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift.

How can we be different types of people yet one body?

When was the last time your group had to work at "maintaining the unity of the Spirit"?

Go around the circle asking each person to speak before someone speaks twice.

### CLOSING (10 minutes)

Complete the following commitment and share it with the group.

I will use the grace given to me to help build up the body by \_\_\_\_\_.